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Different Types of Pains Mentioned in Kent's Repertory

Abhishek Duggal¹, Anjali Thakur²

¹PGT, ²Sri Ganganagar Homoeopathic Medical College Hospital & Research Institute, Sri Ganganagar

Abstract

The purpose of this article is to bring awareness to students and practitioners about the different types of pains mentioned by Dr. James Tyler Kent in his repertory "Repertory of Homoeopathic Materia Medica" These different sensations are given with their meanings.

Key word- Homoeopathy, Kent's Repertory, Aching,

Corresponding Author:- Abhishek Duggal, PGT, Sri Ganganagar Homoeopathic Medical College Hospital & Research Institute, Sri Ganganagar, Rajasthan

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INTRODUCTION

Dr. Kent was born in 31 March 1849 in Woodhull, New York. He went for post-graduation at eclectic Medical Institute of Cincinnati, Ohio. Dr. James Tyler Kent died 6th June 1916 at Stevensville, Montana due to Bright's disease. Dr. Kent's way of prescribing was single remedy at a time. He used to prescribe high potency in chronic cases. Doctrine of series in degrees, the potency of the similimum in chronic cases should be changed to next higher potency. According to him one should follow the principle of wait & watch methodology after prescribing the similimum. Kent 12 observations are helpful for knowing the

remedial action. Dr. Kent believed, it is the man who is sick and not the part. A man consists of mind, spirit, body and known to us by his total behaviour. Dr. Kent classified the symptoms into general, particular and common to understand the person and disease. Among generals he gave prime importance to mental. Love hate desire and aversion are prime important mental symptoms.

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According to Kent Mental, Physical Generals and Characteristic Particular symptom constitute the totality in finding the similimum medicine. Dr. Kent classified mind into 3 fundamental elements:-

- 1) **Will/ Emotion**
- 2) **Intellect/ Understanding**
- 3) **Memory**

Dr. Kent was influenced with the Swedenborg's Philosophical ideas i.e concepts regarding soul, inner man, and personality. Kent Repertory published his first edition in **1897**. Kents Repertory based on heading under individual drugs of Allen's Encyclopedia. Main source of Kent's Repertory was the 6 volumes of **Gentry's Concordance Repertory and Dr. Lippe's Repertory**. Kent's Repertory contains **648** Drugs. In Kent Repertory general rubrics are modified by 6 factors:--

1. **Side**
2. **Time**
3. **Modalities**
4. **Extension**
5. **Location**
6. **Character or sensation (S T M E L C)**

The following are the word meanings of different types of pain mention in Kent Repertory along with the Rubrics and Remedies

(Taken from Chapter "Head" and "Extremities") :---

1. **Aching:** Continuous Dull Pain R—Extremities Pain Aching: **Agar, Eup-Per, Ipecac, Nux-v, Rhustox, Bell, Bry, Merc, Carb-v, Cham, Cimic, Puls.** R—Pain Head (Headache in General): **Apis, Anthr, Ars, Bell, Bry, Calc, Calc-s, China, Chin-s, Cocc, Crot-c, Gels, Glon, Iris, Kali-I, Lach, Mag-p, Merc, Nat-m, Nitric-ac, Nux-v, Phos, Psor, Puls, Sep, Silicea, Sulph,**
2. **Biting Pain** (See Stitching): Localized, sharp form of pinching. Deeper burning R—Head Pain Biting: **Arg-m, Bar-c, Carb-v, Cham, Kali-bi, Lyc, Mez, Rhod, Sec.**
3. **Boring:** From outside, in Steady pain. R—Extremities pain boring: **Carb-v, Mez.** R—Head Pain Boring Digging, Screwing: **Caust, Arg-n, Bell, Cocc, Kali-s, Plat, Sepia, Spigelia, Tab.**
4. **Bruised pain** (Sore Bruised pain): Bruise "crush or injure with a blow". An injury or mark where the skin has not been broken but is darker in colour, often as a result of being hit by something. It is caused by a blow or impact rupturing underlying blood vessels. Bruises can occur in many parts of the body. Sore means 'causing intense pain, grievous'. Painful

- suffering (source of distress or annoyance). A raw of painful place on the body.
- R—Extremities pain Sore Bruised: Arn, Baptisia, Bell, Carb-v, Chel, Cimic, Eup-per, Ipecac, Mang, Nat-m, , Nitric-acid, Nux-v, Rhust-tox, Ruta, Silicea, Spong., Staph, Sulph.
- R—Head Sore Bruised Sensitive to Pressure: Bell, Chin, Gels, Hepar-s, Ipecac, Merc, Mezerium, Nitric-acid, Nux-v, Sil.
5. **Burning:** Hot, like fire
- R—Extremities Pain Burning: Ars, Bell, Carb-v, Kali-ar, Phos-ac.
- R—Head Pain Burning: Acon, Merc, Mezerium, Phosphorus,
6. **Burrowing:** Mild, nagging.
- R—Head Pain Burrowing: *Hepar, Mag-,mur, Spigelia*
7. **Bursting:** Explosive, violent.
- R—Head Pain Bursting: Bell, Bry, Calc, Chin, Con, Glonine, Lachesis, Merc, , Nat-mur, Phos, Sepia, *Caps, Caust, Euphrasia, Hepar, Ipecac, Lyc, Nitric-acid, Spigelia, Spongia,Puls.*
8. **Cramping:** On and off in intensity, muscular, like tied in a knot.
- R—Head Pain Cramping: *Acon, Ambra , Ant-t, Colocynth, Ignitia, Phos-ac, Platina.*
9. **Cutting:** sharp, knife like. R—Extremities pain cutting lower limbs: *Graph, Nat-c.R—Head Pain Cutting, Darting, Stabbing: Calc, Iris, Apis, Arg-nit, Arn, Ars, Aur, Carb-ac, Kali-bi, Lach, Sil.*
10. **Drawing:** like pulling inward.
- R--- Extremities pain Drawing: Carb-v, Nit-ac, Rhust-Tox. Sulph.
- R—Head Pain Drawing: China, Merc, Nux-v, Sulph
11. **Dull pain:** Constant, mild to moderate intensity.
- R—Head pain Dull: *Agar, Anac, Apis, Carb-s, China, Cimic, Clem, Cocc, Coll, , Dios, Dulc, Echinacea, Graph, Kalm, Lach, Lyc, Merc, Nat-c, Nux-v, Puls, Sang, Stry.*
12. **Foreign body as if:** Sensation of something present that is not normally there.
- R—Head Pain Foreign Body as if: *Con, Fl-ac, Rhod*
13. **Gnawing:** Intermittent intensity, annoying chewing.
- R—Extremities pain Gnawing: *Ars, Eup-per, Merc.*
- R—Had Pain Gnawing: *Calc, Canth, Colocynth, Nat-m, Phos.*
14. **Grasping:** Squeezing, Pulling.
- R—Head Pain Grasping: *Arg-n, Ars, Con, Nat-s.*
15. **Grinding:** Involves motion, wearing smooth by friction or motion.

- R—Head Pain Grinding: Agar, Anac, Aur, Myric.
16. **Griping:** A sudden sharp pain in your stomach or bowel. Sudden or Sharp. Complain something in a persisting irritating way.
R—Head Pain Griping: Con, Mag-M, Mag-s, Sepia,
17. **Grumbling:** Chronic, changing but constantly there, mild to moderate.
R—Head Pain Grumbling: Hep, Indg, Sulph-ac,
18. **Hacking:** Cut, notch, slice.
R—Head Pain Hacking: Am-c, Arsenic, Aur, lyc, Phos-ac
19. **Jerking pain:** to move or cause to move with a sharp quick motion. It is like something that happens in body. Extremities Pain Jerking: Carbn-s, Puls. R—Head Pain Jerking: Bell, Sulph, Bry, Calc, Carb-s, Carb-ac, Mur-ac, Nat-mur, Spig, Puls, Petr, Spig, Stan.
20. **Numb Sensation:** Numbness describes loss of sensation or feeling in a part of of your body. It's often accompanied by or combined with other changes in sensation, such as needles feeling or burning.
21. **Hammering Pain:** Pounding, Blurry Vision and Sensitivity to Light or Sound is a kind of pain which is hammering pain.
22. **Paralytic Pain:** Paralysis is a loss of muscular function in part of your body. Inability to act or function properly.
R—Extremities Pain Paralytic: Aur, Mag-m, Merc-c, Nux-v, Rhustox
23. **Jarring from any:** To have harshly unpleasant or perturbing effects of one's nerves, feeling, thoughts etc. The sound of alarm jarred. Jarring means physical shock, jolt, or vibration. To cause shaking or vibration
24. **Numb Sensation:** Numbness describes a loss of sensation or feeling in a part of your body.
25. **Paroxysmal Pain:** any sudden, violent outburst, a fit of violent outburst, a fit of violent action or emotion.
Extremities Pain Paroxysmal: Carb-s, Caust, Cocc., mag-p, Nux-v, Plb., Puls.
26. **Pressure Pain:** The minimum force applied which induces pain.
R—Extremities Pressure Aggravation: Cina, Cocc, Merc, Plb.
27. **Stupefying Pain:** Make something astonishing or shocking.
R—Pain Head Stupefying Stunning: Calc, Graph, Carb-v, Nux-v, Psor, Sil, Psor.
28. **Pulsating:** Expand and contract with strong regular movement.

- R—Extremities Pain Pulsative: Bell, Kali-c.
- R—Head pain Pulsating: Bell, Carb-s, Carb-v, China, China-s, Ferrum, Glonine, Lyco, Nat-m, Psor, Puls, Sulph.
29. **Scraping:** Drag or pull a hard or sharp implement across (a surface or object) so as to remove a dirt or other matter. Rub or cause to rub by accident against a rough or hard surface causing damage or injury.
- R--Extremities Pain Scraping-Bry, China, Phos-ac, Rhustox, *Sabad*.
30. **Pressing Pain** (Bursting, Drawing): A sensation of discomfort or distress from excess weight or pressure on a specific anatomical location.
- R—Extremities Pain Pressing: *Asaf*, *Carb-v*, *Gel*, *Ledum*, *Nat-m*.
- R—Head Pain Pressing: Bell, Carb-s, Carb-V, Chin, Glon, Hep, Hyper, Lac-c, Lach, Merc, Nat-m, Nux-v, Psor, Puls, Sulph.
31. **Tearing Pain:** An intense sensation of discomfort or distress that feels like being torn or ripped apart.
- R—Extremities Pain Tearing: Acon, Agar, Aur, China, Lach, Merc, Nat-s, Rhod, Rhustox, Spig, Tub.
- R—Head Pain Tearing: Aur, Causticum, Lyco, Merc, Nat-m, Spigelia, Sulph, *Canth*, *China*, *Carb-v*, *Kali-c*, *Rhustox*.
32. **Crushed:** To press or squeeze with a force that destroys or deforms.
- R—Head Pain Crushed as if Shattered: Arg-m, Ign, Phos, Ruta
33. **Cleaving** (Cutting or darting): Make an opening incision or wound in (something) with a sharp edge tool or object.
- R—Extremities pain Cutting Lower Limbs: *Graph*, *Nat-c*.
- R—Head Pain Cutting, Darting, Stabbing: Calc, Iris, *Apis*, *Arg-nit*, *Arn*, *Ars*, *Aur*, *Carb-ac*, *Kali-bi*, *Lach*, *Sil*.
34. **Digging** (See Boring): To break up turn or loosen with an implement.
- R—Head Pain Boring Digging, Screwing: Caust, *Arg-n*, *Bell*, *Cocc*, *Kali-s*, *Plat*, *Sepia*, *Spigelia*, *Tab*.
35. **Pains Strip as if:** Removing all the coverings. Deprive someone of (rank, power or property).
36. **Lancinating** (see Cutting): Characterised by piercing or stabbing sensation.
- R—Head Pain Lancinating: Acon, Aesc, Alum, Arn, *Ars*, *Bell*, *Cupr*, Calc, Graph, Hep, Kali-I, Spig, Squila, Tarent.
37. **Nail as from a:** A small metal spike with a broadened flat head, driven into wood to join things together or to serve

as a hook. Pain like some spike has pierced the skin.

R—Head Pain Nail as from: Coffea, Thuja, Agar, Graph, Hep, Ign, Nux-v, Puls, Sepia,

38. **Pinching:** Grip (something typically a person's flesh) tightly and sharply between finger and thumb. To press something especially someone's skin, strongly between two hard things such as a finger and a thumb, usually causing pain.

R—Extremities Pain Pinching Lower Limb: Bell, Calc, Carb-v, Graph, Iod, Mez, Nat-c, Phos, Phos-ac, Sep, Sil, Zinc.

R—Head Pain Pinching: Alum, Bar-c, Nux-v, Lyc, Mez, Phos, Petr, Sil, Teucr.

39. **Pecking:** When a bird pecks, it bites, hits, or picks up something small with its beak. To strike with the beak or a pointed instrument. To grasp and picks up with the beak. Pain like bitten by beak of bird.

R—Head Pain Pecking: Carb-an, Mosch, Nux-v, Rhus-tox, Ruta

40. **Plug like pain:**

A. **Wedge like:** Wedge is a piece of wood, metal having one thick end and tapering to a thin edge, that is driven between two objects or parts of an object to secure or separate

them. Wedge in ancient times, prepare (pottery clay) for use by cutting, kneading and throwing down homogenized it and remove air pockets.

- B. **Plug like:** Plug also means a piece of solid material fitting tightly into a hole and blocking it up. Block or fill in (a hole or cavity) Mucous plug after dislodging from cervix the mucous plug will leave the body as a thick gel-like discharge that is either clear or slightly pink. The mucous plug is transparent and contains little or no blood. You may feel "Mild contraction Tummy Aches Cramp like", when the mucous plug dislodges from your cervix.

- C. **Peg like:** A pin of wood or other material driven or fitted into something, as to fasten parts together, to hangs things on, to make fast rope or string on, to stop hole, or to make some point. A peg is a bolt or pin that holds something in place or marks a location.

Pain Plug, Peg or Wedge:

R—Pain Head Plug, Wedge, Peg like: Anac, Sulp-ac, Asaf, Bov, ,Caust, Con, Dulc, Kreos, Rhustox, Ruta.
R—Head Pain Plug were thrust

- suddenly in by increasingly severe blow: Sul-ac.
- R—Head Pain Split wide open by a wedge, body cold, head burns, cannot get warm; whines: Lachn.
41. **Binding:** Tie or fasten (something) tightly together. Wrap (something) tightly. A bandage or wound. Stick together or cause to stick together in a single mass.
42. **Rubbing:** Apply firm pressure to the surface of (something) using a repeated back and forth motion. Move (one's hand a cloth or another object) back and forth against a surface.
R—Head Pain Rubbing: Alum, Calc-p, Caust, Dios., Nit-acid, Ham, Ol-an, Phos, Phys
43. **Headache in School Girls:**
R—Head Pain School Girls In: *Calc*, *Calc-Phos*, *Phos-acid*, *Puls*, *Lac-c*, *Nat-m*,
44. **Rhythmical pain:** Periodic as motion or a drumbeat. The course of pain over time including variations, often influenced by times of the day (e.g. certain hours of the day, night, or day, monthly patterns), periods of rest or specific or general activity/ movement. Older adults can experience constant and/ or episodic pain.
45. **Shattered Pain** (See Bruised): Break or cause suddenly and violently into pieces. Broken into very small pieces (E.g. Shattered glass lay all over the road).
- R—Head Pain Shaking Head: Bell, Glonine, Nux-v, *Bry*, *Calc*, *Hep*, *Mosch*, *Nat-m*, *Nit-ac*, *Phos*, *Rhus-tox*.
46. **Pain in Head Shopping from:**
R—Head Pain Shopping from: *Sepia*.
47. **Pain in Head Sewing from:**
R—Head Pain Sewing From: Lac-c
48. **Shooting Pain** (See cutting, Lancinating, Shocks, and Stitches): Pin sudden and piercing. Moving or growing quickly.
R—Extremities Pain Shooting *Acon*, *Aesculus*, *Agar.*, *Calc*, *Con*, *Hep*, *Kali-bi*, *Merc*.
R—Head Pain Shooting: *Kali-c*, *Acon*, *Alum*, *Eup-per*, *Ferrum*, *Hell*, *Kali-bi*, *Mag-c*, *Natrum-mur*, *Nit-ac*, *Rhus-tox*, *Sepia*, *Ter*.
49. **Sprained Pain:** A sudden or violent twist or wrench of a joint with stretching or tearing of ligaments.
R--Extremities Pain Sprained Joints- Arn, Led. Phos, Puls, Rhus-tox, Sulph.
50. **Wandering:** Travelling aimlessly from place to place. Travel aimlessly through or over (an area).
R—Extremities Pain Wandering shifting: Ammonium Mur, Carb-s, Kali-s, Lac-c, Puls
R—Head Pain Wandering: *Puls*,

Sangunaria, Spigelia, Alumn, Am-c, Calc, Chin, Colch, Kali-bi, Led, Lyc, Nat-s, Podo.

51. Intermittent (Synonym Periodic Periodical, Recurrent): Stopping or Ceasing for a time; alternately ceasing and beginning again. Alternately functioning and not functioning or alternately functioning properly or improperly. Coming and going at intervals, not continuous. It is also known as primary neuropathic pain. R—Head Pain Intermittent: *Ars, Gel, Anac, Arg-m, Cina, Kalm, Plat, Psor, Sep, Stann, Tereb*

52. Stitching Pain: A stitch means Sudden Sharp pain in the side of the body, caused by a strenuous exercise. A side stitch also known as exercise-related transient abdominal pain (ETAP), is a pain felt either side of your abdomen. It is more commonly reported on the right side. A stitch pain is caused by reduction blood supply in muscle.

R—Extremities Pain Stitching: *Kali-c, Kali-s, Rhust tox, Valer, Apis, Arg-m, Ars, Calc, Con, Kali-bi, , Nat-p, Psor, Puls, Plb.*

R—Head Pain Stitching: *China, Kali-c, Kali-p, Kali-s, Puls, Sulph, bar-c, Am-c, Arn, Bov, Hyos, Kali-I, Kali-n, Nat-c, Nat-m, Nat-p, Mur-ac, Rhus-tox,*

Sep, Sil, Spigelia, Squila, Sul-ac, Thuja, Valer.

53. Stabbing pain (see Cutting): A sudden or strong pain.

R—Head Pain Cutting, Darting, Stabbing: *Calc, Iris, Apis, Arg-nit, Arn, Ars, Aur, Carb-ac, Kali-bi, Lach, Sil.*

CONCLUSION

The different types of pains and their meanings mentioned in this article are helpful after proper case taking in reaching the similitum in no time. These pains are at glance which may help to reach a proper conclusion in prescribing at a quicker pace. This will help in off-hand prescribing when imbibed by scholars, students and practitioners.

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