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## Case Report

### HOMOEOPATHY IN NEPHROLITHIASIS: A CASE REPORT

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#### ABSTRACT

*Formation of Renal Calculi is nothing but a process of crystallization of calcium Oxalate in kidney, ureter or urinary bladder, owing to any unknown cause .other than some material cause some invisible factors are found very important. As per homoeopathic concept there are some alteration of our inner life force which is manifested externally called as disease. So the disease symptoms along with the subjective symptoms to be considered to select a Smilimum.*

**Key Words:** *Crystalization, Urinary Bladder*

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#### INTRODUCTIO

Lithiasis is a mechanism that prompts formation of 'Lithos',- the calculus or the stone. The mechanism of formation of stone is an altered condition, a deviation from the state of health. Normally, this mechanism is not there in true healthy person. The mechanism can be triggered by endogenous or exogenous factor(s) only if this mechanism was already existing in a person. In such a case the person was not healthy as a disease producing mechanism was already present in that particular individual. Or, this mechanism may be imported into the system of otherwise healthy individual through another disease(s). In such a case it can safely be presumed that the body-system under influence of other disease gave in and lithiasis followed Those can be exemplified by the facts that the nephrolithiasis may be seen in family, cholelithiasis may also run in family. Thus in such cases, it may be safely presumed that the 'lithiasis producing condition was already present there in family. There are certain

alteration in the metabolism of Salts and minerals in life happened in different phases of life, among different Sex, etc. causing formation of stone in the body . Such as it is found in the research Oestrogen hormone has direct relation with metabolism of calcium and magnesium. The phase of life when it is physiologically happen, can cause abnormality in serum level causing formation of stone. Not only that even the food habit is also responsible in formation of stone. That is why it is found in Northern India the occurrence of renal stone is more than the other part of India , as because of its food habits. Therefore, whether the disease producing mechanism already existed in system or was initiated or developed as a sequelae to another disease, the rest is there in the system and that rest is the fundamental factor or fundamental cause of the disease where as the factors like family history or any food habit is nothing but the most exciting or maintaining factors. Some immaterial factors are responsible for the development of renal lithiasis. That is how Homoeopathic treatment is very efficacious

for curing the case of Nephrolithiasis.

## CASE PROFILE

A 45 yrs Hindu lady reported in OPD (11/18) on 15<sup>th</sup> July 2018, with complaints of Right sided pain in Loin with burning and **tenesmus** at the perineum since 6 months. The pain is extending from Loin to Groin. The pain was aggravating on movement. After passing urine brown sand sediments are left. Accompanied by Strangury and Dysuria. F/H/O : Father was suffering from Nephrolithiasis.

On Laboratory Examination: Urine for RE: RBC Cast- ++ ; Pus Cell: ++, USG Whole Abdomen : 8mm Stone on Right Renal Pelvis.

On Examination: Hyperesthesia in Right Renal Angel.

Evaluation and Totality of Symptoms:

Urine Tenesmus

Dysuria

Strangury

Pain <movement> After consultation of Materia Medica Epigea Repens medicine was selected. Epigea Repens MT was prescribed and advised to take 10 drops 4times a day with Luke Warm Water. Magnesium Phosphoricum 6x 4tab with luke warm water SOS ( if there is excessive pain). She was advised to take enough water. Milk and Milk Products are Prohibited. Advised to repor after 10 days.

**After followup** on 30 th July 2018 : Little Relief in all complaints. Repetition of the same prescription but doses reduced by only BID. Advised to report after 10 days. 14<sup>th</sup> August 2018 reported with very occasional pain in loin. No strangury and no dysuria. **Placebo** 10 drops for 10 days BID Dietary restriction same

advised to report after one month with USG whole Abdomen with special attention to KUB. 20<sup>th</sup> September 2018 : USG shows absolutely Normal.

## DISCUSSION

After consideration of the case totality the medicine was selected and potency was selected on the basis of therapeutics. It was mentioned in Dictionary of Practical Materia Medica By J H Clarke that Dr. Hale of United States successfully prescribed the remedy to remove Nephrolithiasis in several cases. Also Homoeopathic Materia Medica by Willium Boericke was consulted And the remedy was selected. Homoeopathy is a different system of medicine which consider human being as a whole which based on the theory of cure only.

## CONCLUSION

Homoeopathy consider that the symptoms stated by the patient is nothing but the alteration of inner state of wellbeing.

## REFERENCES

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