

**Management of a Case of ADHD with Carcinocin LM Potency****Sonia Gupta**

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Abstract

ADHD stand for attention deficit hyperactive disorder. It is a neurological condition characterized by Inattention, Restlessness, hyperactivity and Impulsivity, commonly diagnosed in early childhood. It is disorder that makes it difficult for a person to pay attention and control impulsive behavior. Mostly it is first diagnosed in childhood, can continue through adolescence and adulthood. The causes of ADHD remain unclear but research suggests that genetic, exposure to toxins & chemicals and heredity play large part in determining who gets ADHD. Homoeopathy is clinically useful for all types of emotional and psychological problems, including ADHD. Here I discussed a case of 8 yrs old boy suffering from ADHD. Remedy Carcinocin was selected and prescribed on the basis of totality of symptoms. In this case I prescribe Carcinocin LM 0/1 to 0/3 potency. Remedy was repeated whenever it was needed for, case was improved with help of homoeopathic medicine.

Key Words- Homoeopathy, ADHD, LM potency, Repertory, Remedy

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Received – 20/04/2020

Revised- 12/6/2020

Accepted – 26/06/2020

INTRODUCTION

A child with ADHD could also be very smart, but still receive poor grades because of their inability to specialize in their work. Common symptoms of ADHD in children include being overly active, constantly moving, running, climbing, jumping. Homoeopathy assesses each child and treats them individually, supported

their individual, characteristic symptoms, their temperament and IPR.

How to Cite this Article - Gupta S. Management of a Case of ADHD with Carcinocin LM Potency. TU J. Homo & Medi. Sci. 2020;3(2):83-88

Scientists are still investigating whether certain genes especially which

linked to neurotransmitter dopamine like dopamine receptor 4 (DRD4) and dopamine receptor 5 (DRD5) and dopamine transporter (DAT1), play an outlined role in developing ADHD.

Homoeopathy gives its stimulating, therapeutic action on the mind and body and helps to resolve such problems, naturally. Homoeopathy believes in individualized treatment, wherein healing is targeted at the whole child, not just at a selected disorder, or illness. It takes under consideration the unique, distinctive nature and characteristics of every child.. Homeopathic treatment helps such children to cope better, calm down, improve their self-esteem and a spotlight span and reduce impulsivity and restlessness.

CASE PROFILE

Date	29/06/2019
Name	Aariz Sayyad
Age	8 years
Sex	Male
Sibling	Younger sister - 3 years old

Vaccination- All basic vaccinations are done. Other vaccinations like pneumococcal, influenza, flu, Rota virus, meningococcal vaccination are also done as per pediatrician advice.

Milestones – Early milestones were observed. Dentition was at 5th month. He

started walking at 11 month, but not crawled at all.

Mother's Gestation History- Mother is having issues with mother in law as she did love marriage to her son. So her mother in law keeps humiliating her indirectly. She didn't complain all this to her husband. Actually her husband is already having workload of his office work. Because of such circumstances, mother was tolerating all these things silently in whole gestation period.

Family Medical History

Father	High Blood Pressure
Mother	Hyperthyroidism
Parental grandfather	Heart problem
Parental grandmother	Blood Pressure, Acidity
Maternal grandfather	Died in 2005
Maternal grandmother	High Cholesterol, Open Heart Surgery done

Conceptual Model For Problem Formulation

Emotional/ Psychological –

Behaviour – anger suppressed, excessive domination

Communication – mild, yielding, admonition aggravate

PSYCHOSOCIAL –

Socialization- good

Regression Pattern –Earlier obedient child is now became irritable, obstinate, and disobedient after his younger sister grown up to one year.

Susceptibility- Very good, precocious child

Sensitivity- sensitive to rudeness and reprimand

Reactivity- cleanliness mania, disgust dirt

Parenting & Family Environment –His paternal grandparents loves his younger sister more, so mostly scold him all time. He doesn't like reproaches and reprimands too. Earlier he was obedient child, now he became naughty, rude and disobedient. He is also having anger issues from last one year.

Psychologist's Evaluation- DSM V

Case History- An 8 year old boy came with his parents to clinic. At that time child has complaint of epistaxis from left nostril from 1 month recurrently. He was also suffering from chronic tonsillitis. He was already diagnosed with ADHD (Combined Type) by doctor. But parent denied taking allopathic medicine for his ADHD. They are doing diet restriction, and joined child in to activity classes.

Life Events - Father told to doctor that his son is having bleeding from nose; paternal grandfather scolded him badly than he cried a lot, felt very bad. After this

incidence nose bleeding started. He has recurrent tonsillitis too.

Doctor asked to parents -Tell me more about your son, his nature, how he is in study? How he behaves in school with teachers and classmates. We have to know everything about him, his basic nature and changes in nature in disease condition because we treat patient as whole on individuality. Then Father described His son is very good in studies especially mathematics and drawing. He was very obedient boy nowadays he became irritable, obstinate and sometimes he also started reply back to his grandparents. Earlier he was obedient child. Now he doesn't listen, he just does opposite things whatever we tell him. He gets throat pain, cough, cold, fever recurrent, so we never give him chocolates, ice-creams, pizza or any outside food etc. sometimes he asks for these things, but we never give him (boy was smiling, looking at doctor), we try to make him convince. He is very particular about cleanliness, he doesn't like crease on bed sheet of bed. Once we went village with him, there he was showing hatred toward cockroaches, flies. He doesn't like dirt/dust also. I could recollect one incidence when he was suffering from diarrhea, but he never passed stool on bed. Even he was so small he never urinated at bed or on the floor. He

had so much understanding from infancy. He is very sensitive child, he can't tolerate harsh word or voice in very high pitch. He feels bad. He comes home from school, he does his homework first and then only he does his other activities. He never gives any chance to his teachers or anyone else to scold him. When mother was sick, he cared her a lot.

Doctor asked How does he behave if you will give him instruction to do something but he doesn't want to do it? This time mother replied - He has a lot of anger issues, especially if you tell him to study or tell him to do what he doesn't like. He shouts on me only, all anger irritations shows in front of me only, even though he is hurt and angry with grandfather. He never express his anger in front of grandfather, he will do all his tantrums in front of me only. He wants to do whatever he likes. He is his teacher's favorite. If other kids bully him, he hits them back. On the other side he can't see violence or bad news, bomb blast or fights on television. He gets scared. He doesn't tell or express anything. He can't sit at one place all time, becomes restless and very energetic to do things. From where he gets so much energy, i don't know. But I am unable to manage him, he doesn't listen. He does more mischief if we try to stop him.

Analysis of the case

Precocious child, never urinated on bed, wants everything neat and clean. He is very sensitive to reprimands and reproaches too. He wants everything in order. Nowadays he is irritable as his grandparents love his younger sister more and scold him all the time. Sometimes he becomes very destructive, rude, disobedient and contrary to parents. He shows his anger to his mother only. In front of father and teachers, he becomes a good child. He is very caring for his mother. He cared when she was sick; even he had concern about his mother's birthday. He was so sensitive and sympathetic child that he can't see violence on television even. He is very restless and can't sit at a place only. All time he is energetic and in active mode.

Ailment From – domination – children; in

Contrary – parents; with

Irritability – children, in

Restlessness – children, in

Generals – Energy- excess of energy- children; in

Cruelty – seeing or hearing cruelty; cannot bear

Remedy

Carcinocin 0/1 was given at bed time daily for 1 month.

Result and Conclusion – After giving Carcinocin 0/1 patient feels progressively relieved. So I repeated my prescription with increase of potency as required in case. After 2-3 follow up patient felt lot of improvement. In 5 month this child got right direction in life through homoeopathy.

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Conflict of Interest: None

Source of Support: Nil

