



Role of Homeopathy in Covid-19

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Abstract

This is a case-related article, on how homeopathy can be used to treat coronavirus? Case study of people suffering from close symptoms of coronavirus have joined. In this article I have experimented with the traditional medicines of homeopathy like Ars alb, Influenzum, Bell, Baptisia Dilutions and Aconit Q, Ocimum Sanc. Q, Eup perf Q, Baptisia Q, Bryonia Q, Ranaculus B Q with some special patent medicines. The three survived the disease within a week through homeopathic medicines, People who are on quarantine and who are on alternative treatment for coronavirus, use these homeopathic medications within 2 hours, and then the coronavirus growth slows down.

Key Words- Homoeopathy, Covid 19, Corona, Arsenic alba etc

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Received – 20/04/2020

Revised- 12/6/2020

Accepted – 26/06/2020

INTRODUCTION

A corona virus is kind of common virus that causes an infection in your nose, sinuses or upper throat. Most corona viruses are not dangerous. Some types of corona viruses are serious through people died from a severe acute respiratory syndrome (SARS) and the world health organization identified a new type, novel corona virus (n COV). Sometimes but not often, a corona virus can infect both animals and humans.

Most coronaviruses spread the same way other cold-causing viruses do through infected people coughing and sneezing, by touching an infected person's hands or face, or by touching things such as doorknobs that infected people have touched.

How to Cite this Article- Balaji Deekshitulu P V. Role of Homeopathy in Covid-19. TU J. Homo & Medi. Sci. 2020;3(2):75-82

The whole world is working hard today to protect those who are infected with coronavirus, With the help of homeopathic remedies for coronavirus supplements, the disease can be cured quickly, and that homeopathy has no side effects. Also, if you can give everyone an Arsenic Album³⁰ to avoid getting sick.

Symptoms:- Cold- or flu-like symptoms usually set in from two to four days after coronavirus infection, and they are typically mild.

Symptoms include: Sneezing / a runny nose/ fatigue/ a cough/ in rare cases, fever/ a sore throat/ exacerbated asthma

There is no cure, so treatments include taking care of yourself and over-the-counter (OTC) medication:

- Rest and avoid overexertion.
- Drink enough water.
- Avoid smoking and smoky areas.
- Take acetaminophen, ibuprofen or naproxen to reduce pain and fever.
- Use a clean humidifier or cool mist vaporizer.

The virus can be diagnosed by taking a sample of respiratory fluids, such as mucus from the nose, or blood.

Transmission

- Human coronavirus spreads from one person to the next.
- Coughing and sneezing without covering the mouth can disperse

droplets into the air, spreading the virus.

- Touching or shaking hands with a person that has the virus can pass the virus from one person to another.
- Making contact with a surface or object that has the virus and then touching your nose, eyes, or mouth.
- On rare occasions, a coronavirus may spread through contact with feces.

SARS:- Severe acute respiratory syndrome (SARS) was a contagious disease caused by the SARS-CoV coronavirus. It typically led to a life-threatening form of pneumonia. SARS-CoV is unique. It can infect both the upper and lower respiratory tract and can also cause gastroenteritis.

The symptoms of SARS develop over the course of a week and start with a fever. Early on in the condition, people develop flu-like symptoms, such as:

- Dry coughing
- Chills
- Diarrhea
- Breathlessness
- Aches

Pneumonia, a severe lung infection, may develop afterward. At its

most advanced stage, SARS causes failure of the lungs, heart, or liver.

MERS:- Symptoms include fever, breathlessness, and coughing. The illness spreads through close contact with people who have already been infected.

In this article, we are highlighting the scope of homeopathic medicines in the treatment of patients with COVID-19 infection. Like other pandemic infections, COVID-19 also presenting with common features. To ease our readers, the clinical features, diagnosis, clinical subclasses, and treatment of COVID-19 are described in the boxes.

Box 1: Common clinical manifestation of COVID-19

- Fever, fatigue, dry cough; shortness of breath.
- Chest X-ray may show an inflammatory change, ground-glass opacity, or consolidation.
- Leucopenia and lymphocytopenia.

Box 2: Diagnosis (Suspected cases who meet any one of the following criteria) (Bastidas, 2020)

- Respiratory tract swab or blood samples tested positive for 2019-nCoV nucleic acid using Real-Time Polymerase Chain Reaction (RT-PCR).
- Genetic sequencing of the respiratory tract swab or blood samples is highly homologous with the known 2019-nCoV.

- Computed Tomography of the Chest may be used as a primary diagnostic tool (Ai et al., 2020).
- Serology-based tests may be used as a screening parameter (Tang et al., 2020)

Box 3: Clinical classifications (1. Silent infection, 2. Acute upper RTI, 3. Mild Pneumonia)

- Asymptomatic infection (silent infection).
- Acute upper respiratory tract infection:- With only fever, cough, pharyngeal pain, nasal congestion, fatigue,• headache, myalgia or discomfort, etc., and without signs of pneumonia by chest imaging or sepsis.
- Mild Pneumonia:- With or without fever, respiratory symptoms such as cough, and chest imaging indicating pneumonia, but not reaching the criteria of severe pneumonia.

Box 4: Clinical classification (4. Severe pneumonia: showing any of the following) (Bastidas, 2020, Shen et al., 2020, Harris et al., 2011, Bradley et al., 2011)

- Increased respiratory rate;
- Oxygen saturation <92%;
- Hypoxia: assisted breathing, cyanosis, intermittent apnoea;
- Disturbance of consciousness: somnolence, coma, or convulsions;
- Food refusal or feeding difficulty, with signs of dehydration.

Box 5: Clinical classification (5. Critical cases: featuring the following and require ICU care)

- Respiratory failure requiring mechanical ventilation;
- Shock, & c. Combined with other organs failure

Homoeopathy Combining the essence of Hippocrates 'like cures like' and 'minimum number of medicine', Dr. Hahnemann added the principles of minimal dose, the idea of individualized medicine, the concept of vital force, and the doctrine of dynamization of medicinal substances, and named it Homeopathy. It is a recognized part of the national health system in several countries, including Brazil, Chile, Mexico, Switzerland, India, and Bangladesh (Mazaherinezhad, 2010, Hasan et al., 2019).

Homeopathic Approach To Covid-19

At present, the treatment of COVID-19 is symptomatic, and managing emergencies using hospital facilities. The homeopathic medical system, whose foundation is based on symptomatic treatment, can play a vital role in tackling this global disaster. Several numbers of homeopathic medicines are there for patients with COVID-19 infection. Review and repartorization of the common symptoms of COVID-19 suggest Arsenic Album, Pulsatilla, Silicia, Nitrum

Muriaticum, Phosphorus, Calcarea Carbonicum, Hyper Sulphur, Lachesis, Nux Vomica, Sulphur and many other medicines. We pursue this using Synthesis Repertory- Treasure Edition, by Schroyens F, from Repertory Software Radar 10.0. By adding personalized character to these symptoms, a homeopathic physician might easily select the right individual remedy. Recently, India's ministry of 'AYUSH', suggested homeopathic medicine 'Arsenic albumin 30' as a prophylactic to prevent COVID-19 infection (AYUSH, 2020). Prime general secretary of Liga Medicorum Homeopathica Internationalis (LMHI), an aristocrat association of homeopathic physician, supported this proposal (Dasgupta, 2020). Eminent physician Dr. Vithoulkas expressed his silent content to this proposal; however, he pointed out the limitation of access to the patients of homeopathic physicians in this current breakout (Vithoulkas, 2020). Various researchers have proven the efficacy of homeopathic medicine in a similar set of symptoms, as stated in box.3, namely respiratory tract infections and mild pneumonia (Beghi and Morselli-Labate, 2016). The potentiality of homeopathic medicines in managing flu symptoms, as mentioned in box.1 and scope of prophylactic, was demonstrated by some scholars (Siqueira et al., 2016).

Researchers found fibrogranulation proliferation tissues in the small bronchioles in COVID-19 patients (Tse et al., 2004); homeopathic medicine Silicea and Arsenicum iodatum have a prospect in resolving symptoms like pulmonary fibrosis (Vermeulen, 1997). In severe cases, as if in box 4, several homeopathic medicines, including Cassia sophera, Lobelia inflata, and Zingiber officinale, could help along with hospital management. A group of researchers shown the tincture of Cassia sophera, prepared from powdered leaves, significantly helps in respiratory distress (Nagore et al., 2009). Lobelia is being used as a respiratory stimulator and possess an effective anti-dyspnoetic agent (Joseph E. Pizzorno, 2016); and aqueous extracts of Zingiber officinale can serve a suitable chemotherapeutics for the treatment of respiratory tract infection (Okiki Pius et al., 2015). Recently, in Italy, a group of most positive and probable COVID-19 patients was treated and healed with homeopathic medicines; these patients were preserved in home isolation facilities, and none of them received hospital facilities (Valeri, 2020). In another study in Iran, a small group of COVID-19 patients experienced development with homeopathic treatment (Aditya Kasariyans, 2020). We

acknowledge the limitations of both clinical and in vitro research of homeopathic medicines. Moreover, homeopathic medicine has a long history of criticism in lacking scientific explanation. However, acceptance and application of experimental medicine are not unethical when conventional medicine is facing difficulties (Organization, 2014).

Treatment of above symptoms:

Data collection: Symptoms based

Sample: 3

Duration of study: 15 days

Homeopathy medicines are giving below

Combination in all case studies

- Ars alb 200 + Influenzium 200 + Bell 30+ Baptisia 30 Pills 6-6 (M-N)
- Aconit Q + Ocimum Sanc Q+ Bapti Q+ Bryonia Q + Renaculus B. used 15 drops with hot water (M-A-N)
- Febral Tab (weezal Company) – 2-2-2 (M-A-N)

Case History 1

A 55 Years Old Women like hack, sleepiness, loss of craving, fever, sore throat, cerebral pain and so on.. She was utilized allopathic treatment for 15 days yet not diminished. At that point came to me allopathic specialists got negative about the crown test and requested to give a homeopathic treatment, at that point began our treatment to demand me... Considering that it is the hour of Corona I

have utilized the previously mentioned blend before food ½ hour Morning – Afternoon and Bed time around evening time. Above amount of Drops M-A-N first after 10 miniatures Tabs are recommended.

Case History 2

Like the contextual analysis over, the 9-year-old young girl experienced no known allopathic medication and was begun on homeopathic drug with recuperation in 3 days. I have utilized Ars alb 200 + Influenzium 200 + Bell 30+ Baptisia 30 Combination pills 2 Morning- 2 Night, Aconit Q + Ocimum SancQ+ Bapiti Q+ Bryoni Q + Renaculus B utilized 5 drops with boiling water in morning and afternoon, sleep time in night yet pills are utilized after drops in multiple times.

Case History 3

So also similarly as with the essential logical examination, 38-year-old individuals men were resolved to have all issues, and had been experiencing issues for near 30 days. All the tests were done, the coroner said that the authorities were using drug, yet the developments and hurling were reduced at this point the fever. Cold, hack, and sore throat didn't reduce. Following a month or so the crown sway came to him. We started a homeopathic treatment. 15 drops with warmed water in morning, afternoon

before food, night sleep time to proposed after drops above mentioned 6 pills morning and night, febral tabs in M-A-N in each 2 tabs.

Case History 4

Like the contextual analysis over, the 29-years ladies experienced no known allopathic medication and nutrient tabs are utilized 10days however no change following 10 days she was utilized homeopathy and allopath prescription with recuperation in 3 days. am utilized same above blends of drops,pills, tab's, to same recommendation of medication utilizes in the event that review 3. After homeopathy utilizing recuperation in 3 days with free.

Disucussion

The present study this confirms the efficacy of results in constitutional Homoeopathic remedies formulas in the treatment of corona symptoms. This study will help to Prevent and post treatment of corona symptoms, increase immunity & unnecessary expensive and uncertain therapeutic measures thus improving the quality of life and chances of conception

CONCLUSION

This case series is being conducted only on those who suffer from symptoms of the corona. But it would be nice if this experiment was still conducted on corona positives. My hope is that those who follow other medical procedures will be

able to recover quickly if they use these homeopathic medicines. If further research is most important in taking corona positive cases, you should know how these drugs work, for which extensive research is needed.

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Conflict of Interest: None

Source of Support: Nil



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